

Dear Parent:

A preventive dental program is available through the Appleton City school district and the Missouri Department of Health and Senior Services. This program is offered to all children in the state of Missouri, including those who receive regular dental care from a family dentist.

A licensed dental professional will screen your child's teeth. A trained volunteer will apply a thin, pleasant tasting coating of fluoride varnish to your child's teeth twice during a school year. Fluoride varnish has been proven to be safe and effective in preventing, reducing and stopping small areas of early tooth decay. This preventive dental program also includes a free toothbrush and oral health information.

*****This service does not replace a regular dental check-up, which is recommended at least once a year.*****

You must provide consent to receive these no cost fluoride varnish applications.

Yes, I want my child to receive two applications of fluoride varnish, approximately three to six-months apart.

No, I do not want my child to receive the preventive fluoride varnish.

Name of child: _____

Date of Birth: _____ Male: Female: Race: _____

School: _____ Teacher: _____ Grade: _____

Home Address: _____ City: _____

Phone # _____

Health History

Has your child ever had serious health problems? Yes: No: If yes, please explain:

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Does your child have any allergies? Yes: No: If yes, please list:

Parent/Guardian Signature: _____ Date _____

****This service does not replace an annual comprehensive oral examination by your dentist.*****

LET'S STOP TOOTH DECAY



Tooth decay is a common preventable disease seen in children. Cavities in baby and permanent teeth can cause pain and prevent children from eating, speaking, sleeping, and learning properly. Fluoride varnish is a 5% sodium fluoride coating painted on the teeth to help prevent new cavities from starting and may help stop small cavities that have already started. Following the varnish application, the teeth may look yellow, but this is not permanent and can be brushed off the next day. To give the varnish time to be effective, the children will be asked not to brush until the next morning. The coating does not taste bad or sting. *****This service does not replace a comprehensive oral examination by your dentist, which is recommended once a year.**

Fluoride varnish is painted on teeth to prevent or stop tooth decay.

Varnish Specifics:

- Safe and painless
- Easy to apply and dries quickly
- Infants and children up to 18 years of age
- Does not require special dental equipment
- Does not require a professional dental cleaning prior to application
- Free to child
- Twice -a- year application done at the school



- Brushing and flossing instructions for each child will also be provided.



In partnership with the:
Missouri Department of Health and
Senior Services & Office of Primary
Care and Rural Health